

## *Daily Itinerary*

<i>8:30 AM</i>	<i>Automated Breakfast is served. Menu decided the evening before. Daily devotional time</i>
<i>9:00 AM</i>	<i>Warm bath drawn for you with an automated system. Light- yet upbeat music- playing in the background.</i>
<i>10:00 AM</i>	<i>Chauffer to pick you up for your relaxing day at work.</i>
<i>12:30</i>	<i>Leisurely lunch followed by an hour of entertainment/exercise</i>
<i>2:30</i>	<i>Back for the second half of the workday.</i>
<i>5:30 PM</i>	<i>Return home Choose your evening activity</i>
<i>6:30 PM</i>	<i>Dinner in formal dining area once a week One day a week is casual dining at home. Three days a week are dining at a favorite restaurant. The other two days are "Your choice" days. These are to be planned a week in advance.</i>
<i>8:00 PM</i>	<i>Connection Groups- Given time to share your friendship and spend time in different activities. These activities could include, but aren't limited to, walk on the beach, dancing, movie, shows, boating, and game night.</i>
<i>10:30</i>	<i>Back home again to get ready for evening rituals. Reflect on the day Fill out your "Kindness is Contagious" card Decide how you will show kindness tomorrow.</i>

*Weekends are for family, friends, and fun. Plans may or may not be made in advance.*



# Kroese Connections

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*Where kindness defines community living.*